

A Proud Man

Two wall, 64 Count
Intermediate Level Line Dance
Choreographed by Norman Gifford
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MUSIC: Proud Man - Charlie and the Regrets

(Rock back, replace, lock-steps forward, crossover, step side, sailor step)

- 1-2 Left rock back; right replace
- 3&4 Left step forward; right lock behind; left step forward
- 5-6 Right crossover; left step side
- 7&8 Right sweep behind; left together; right step in place

(Crossover, swivel turn ½ left, side-shuffle steps, cross-rock, replace, long step side, draw together)

- 1-2 Left crossover; right step side turning ½ left **[6:00]**
- 3&4 Chassè left (LRL)
- 5-6 Right cross-rock; left replace
- 7-8 Right long step side; left draw together

(Rock-step, lock-steps back, sweeping steps back, hold)

- 1-2 Left rock forward; right replace
- 3&4 Left step back; right cross-lock over left; left step back
- 5-6 Right sweep back; left sweep back
- 7-8 Right sweep back; hold

(Rock-step, brush-scoot-step, turn ¼ left into sway, sway, sway, hold)

- 1-2 Left rock back; right replace forward
- 3&4 Left brush forward; right scoot slightly forward; left step forward
- 5-6 Right step side turning ¼ left into sway right; sway left
- 7-8 Sway right; hold **[3:00]**

(Crossover, sweep, crossover, sweep, shuffle step, step forward, pencil-hook turn ½ left)

- 1-2 Left crossover; right sweep forward (do not take weight)
- 3-4 Right crossover; left sweep forward (do not take weight)
- 5&6 Left step forward; right slightly forward; left step forward
- 7-8 Right step forward across; left hook up across right turning ½ left **[9:00]**

A Proud Man continued

(Forward lock-step, ¼ left turning shuffles with hitches)

- 1&2 Left step forward; right lock behind; left step forward
- & Right hitch up swivelling ¼ left **[6:00]**
- 3&4 Right step side; left together; right step side
- & Left hitch up swivelling ¼ left **[3:00]**
- 5&6 Left step side; right together; left step side
- & Right hitch up swivelling ¼ left **[12:00]**
- 7&8 Right step side; left together; right step side

(Rock-step, lock, crossover, turn ½ right stepping side, hold, together, step, step, lock)

- 1-2& Left rock back diagonal; right replace; left lock behind right
- 3-4 Right crossover; left step side in swivel turn ½ right **[6:00]**
- 5-6& Right step side; hold; left together
- 7-8& Right step forward; left step forward; right lock behind left

(Rock-step, back-lock-step, sweep, sweep, sweep, hold)

- 1-2 Left rock forward; right replace back
- 3&4 Left step back; right cross-lock over left; left step back
- 5-8 Right sweep back; left sweep back; right sweep back; hold

BEGIN AGAIN